

Planning Corsi LAMBRATE

LUNEDI'	MARTEDI'	MERCOLEDI'	GIOVEDI'	VENERDI'	SABATO
10:00-11:00 PILATES MICHELL		10:00-11:00 TRX GIORGIO	10:00-11:00 PILATES MICHELL		
11:00-12:00 BODY TONE MICHELL			11:00-12:00 AERO TONIC MICHELL		11:00-12:00 TRX GIORGIO
		17:00 – 18:00 BABY GYM NOEMI			
18:00-19:00 TAE TEK MICHELL		18:00 – 19:00 G.A.G. TONY			
19:00-20:00 ACTIVE PUMP MICHELL	19:00-20:00 TRX GIORGIO	19:00-20:00 TOTAL BODY TONY			
20:00-21:00 PILATES MICHELL		20:00-21:00 PILATES TONY		20:00 – 21:00 TRX GIORGIO	